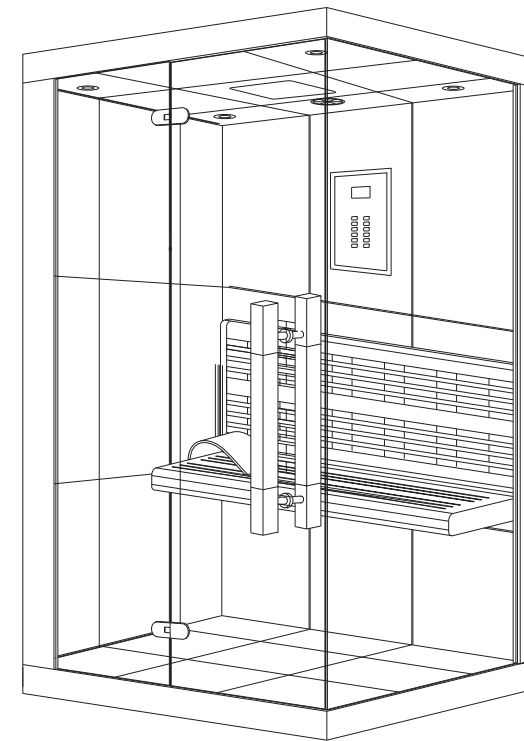


USER MANUAL



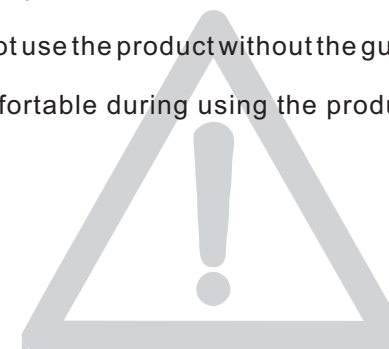
With fashionable touch from the designer, and innovations on craftsmanship, the designer has made a new definition for sauna room. With a most clean design, METIS series of sauna room is most fashionable and outstanding, compared to traditional sauna rooms with many joints and lines. Transparent glass doors have also changed the traditional look of sauna room, which has an enclosed and constrained space. Fancy chromatherapy lights and perfectly polished hemlock wood with most clean design, create a most fashionable and charming space for sauna at home.

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1. The power supply must be installed according to the local standards and with GFCI (Ground Fault Current Interrupt). Test the GFCI before using to confirm its security and validity. Get the GFCI tested termly.
2. The earthing for electrical appliances should be connected reliably to the fixed earth wire.
3. To avoid electric shock, replacing power supply wires should be done by professional electrician. The user should not replace it privately.
4. For safety consideration, user should use fixed socket and get broken electric wires replaced in time.
5. It's forbidden to make any changes, adding or cutting to the product.
6. It's forbidden to use the product after drinking or taking hypnotic medicine.
7. People who have heart disease or cardia-cerebrovascular disease are not allowed to use this product.
8. Children should not use the product without the guide of parents.
9. If you feel uncomfortable during using the product, please stop using immediately.

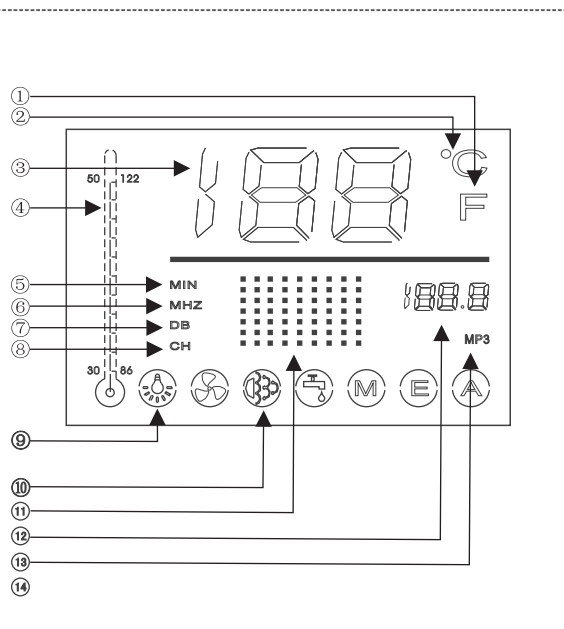


Basic Parameter

Rated Power: 3.0KW/4.2KW(See rate plate)
 Rated Voltage: 220VAC
 Frequency: 50HZ
 Rated Currency: 13.6A(3.0KW/220V) /19.1A(4.2KW/220V)
 Power Supply: Fixed on wall

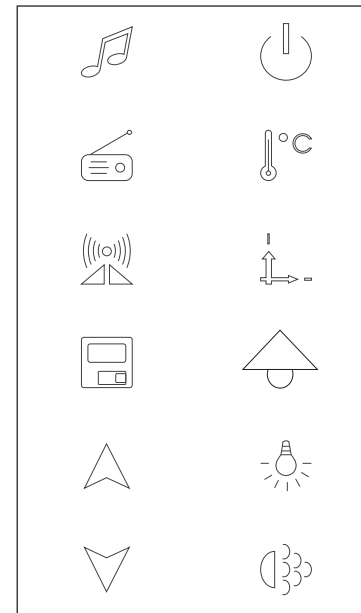
LED DISPLAY

01. Fahrenheit Degree
02. Celsius Degree
03. Temperature
04. Temperature Indicator
05. Time Setting
06. FM Radio Frequency
07. FM Radio Volume
08. FM Radio Channel
09. Chromatherapy on/off
10. Infrared Heater on/off
11. Power On Indicator
12. FM Radio Frequency
13. MP3 on/off





LED DISPLAY

LED DISPLAY

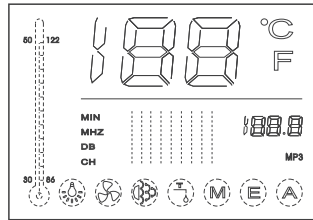


- Power on/off
- Infrared temperature Setting
- System Time Setting
- Background Light on/off
- Chromatherapy
- Infrared on/off
- MP3
- Radio
- volume/Frequency Set
- Radio Memory
- + Adjustment
- Adjustment

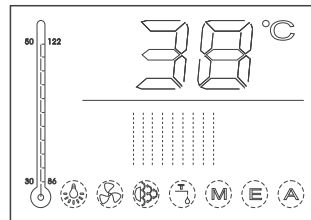
Power on/off

Push any button to light the display and picture 1 shows on the display. Push power on/off button  now to start the system  and picture 2 shows on the display.

Push power on/off button again to shut off the system.




picture 1



picture 2


System time setting

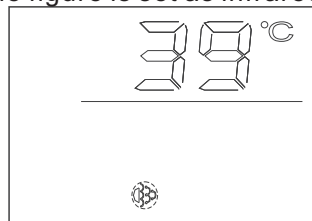
Keep on pushing this button  and picture 4 shows on display. The figure is changing from 20-59 circularly. Loosen the button when the figure reaches the desired one and the figure is set as working time for system. The system is automatically shut off when the working time reaches the setting time. The default working time is 45 minutes if the user does not make setting for working time of the system.



picture 4


Infrared temperature setting

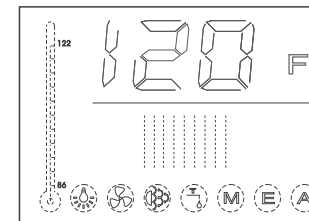
Keep on pushing this button  and picture 3 shows on the display. The figure of temperature is changing from 20 to 59 circularly. Loosen the button when the figure reaches the desired temperature and the figure is set as infrared temperature.



picture 3

Celsius/Fahrenheit Conversion


Keep on pushing this button  for at least 3 seconds to make conversion between Celsius degree and Fahrenheit degree. And the picture is changing between picture 2 and picture 5.



picture 5




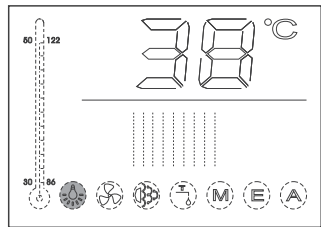
Chromatherapy

This button controls  the color of chromatherapy lamps (picture 8). When chromatherapy function starts, the lamp symbol on LCD display twinkles (picture 7).

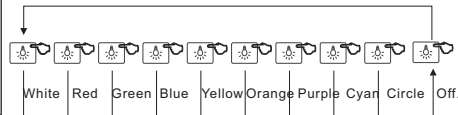


Background Light on/off

This button  turns the background light on/off (picture 7). When background light is on, the lamp symbol on LCD display twinkles (picture 8).




picture 7

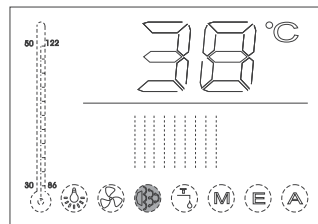


picture 8



Infrared on/off

This button  turns infrared on/off. Push this button, the infrared symbol is twinkling on LCD display. The infrared function is automatically turned off when the temperature inside is higher than the set temperature. And the infrared function will be turned on automatically when the temperature inside is 2 degree lower than the set temperature.



picture 9



Mp3

MP3 Setting: 

First choose a radio frequency as MP3 channel. Please note that the radio frequency chosen should have no radio station. Set the same frequency as the emitting frequency of the MP3 wireless transmitter. Start MP3 function.

Adjust frequency of FM radio to get the same frequency as that of MP3 wireless transmitter.

Adjust the volume of FM radio. It will be set as the default volume of MP3.

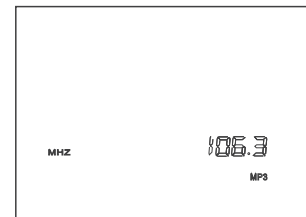
Push MP3 button  for over 10 seconds to finish setting.



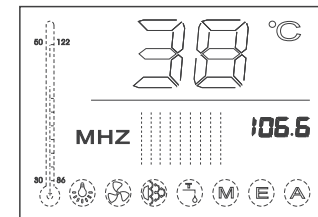
FM radio on/off

Push this button  and picture 11 shows on the display. And FM is on.

The radio frequency by default is the same as the radio frequency selected last time.






picture 10






picture 11

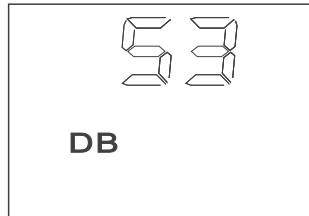
Volume/Frequency adjustment

Volume Adjusting:

Push this button  when FM radio is on and picture 12 shows on the display. Push   button again to adjust volume.

Frequency adjusting: 

Push this button twice when FM radio is on and picture 13 shows on the display. Push   button again to adjust the frequency.




picture 12




picture 13

Find channel:

Start FM radio. Push  button shortly to find right channel in memory.

 +adjustment



 -adjustment


The above 2 buttons are used to adjust frequency and volume.

Channel Memory

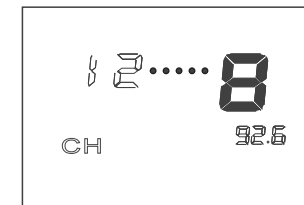
Channel Memory Setting:

Start FM radio

Set serial number: Push  button shortly and picture 14 shows on display; push  button shortly again, figure from 1 to 8 shows circularly; stop pushing this button when the wanted figure shows.

Adjust FM radio to your favorite channel; push  button to adjust frequency and volume.

button for more than 3 seconds; the figure shows +1 and turns to original setting serial number. Stop pushing this button to finish setting for one channel. If the serial number is used for another channel, this channel will be replaced by the new channel in memory.

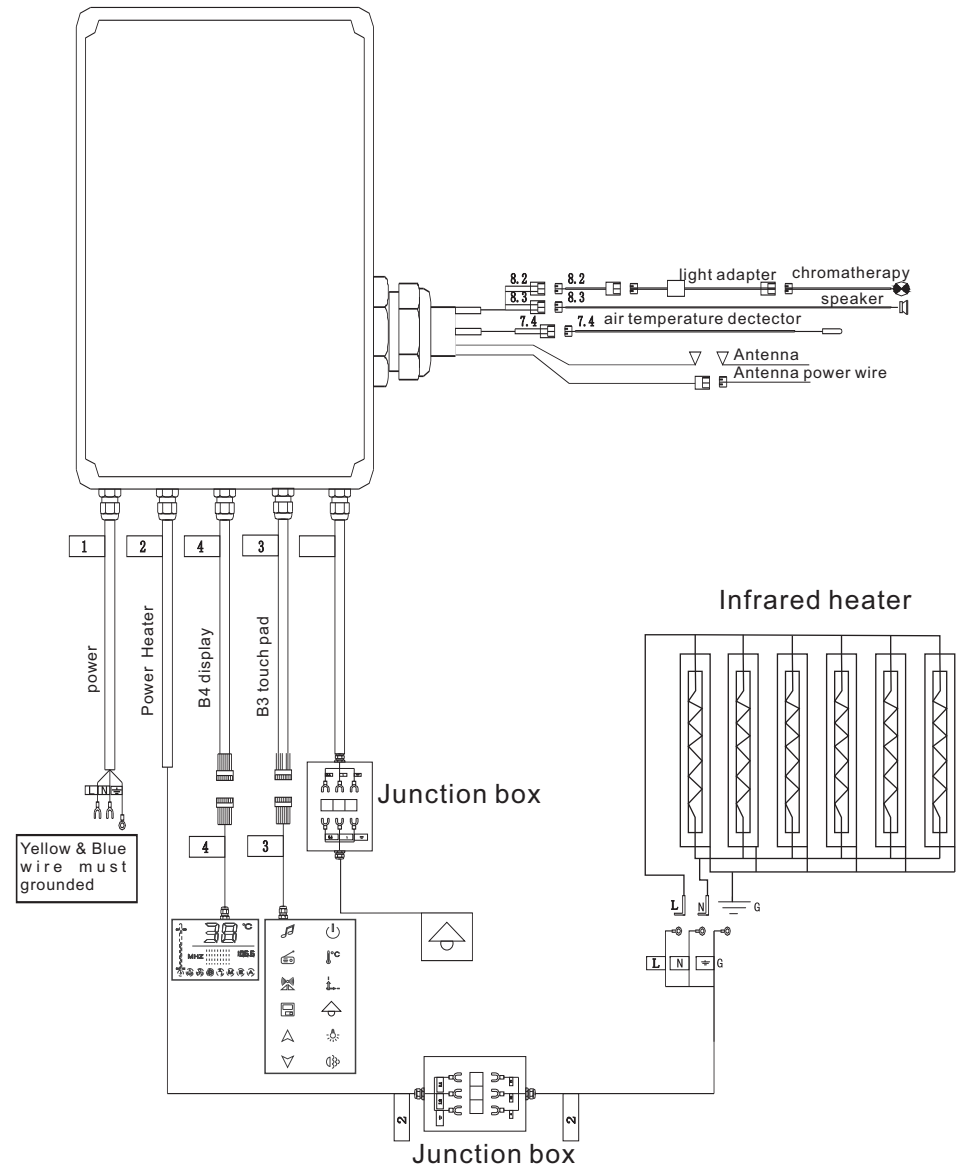


picture 14

Trouble shooting

| TROUBLE | CAUSE | SOLUTION |
|-------------------------------|---|---|
| TOUCH PANEL DOES NOT WORK | SYSTEM IS DOWN | RESTART THE SYSTEM |
| | COMMUNICATION WIRE IS SHORT CIRCUIT OR OPEN CIRCUIT | CHECK CONNECTION BETWEEN CONTROL PANEL AND POWER BOX |
| | THE CONTROL SYSTEM IS WORKING | CHANGE CONTROL PANEL OR POWER BOX |
| RADIO HAS BAD SIGNAL | SIGNAL IS NOT GOOD | ADJUST THE ANGLE OF ANTENNA STOP LISTENING THE CHANNEL WITH BAD SIGNAL |
| BACK GROUND LIGHT NOT ON | BULB DAMAGED | REPLACE THE BULB |
| INFRARED HEATER DOES NOT WORK | INFRARED HEATING TUBE DAMAGED | REPLACE THE HEATING TUBE |

S6B Power Box Diagram





Benefit of Infrared sauna

- Good for the cure of soft tissue, lumbar ache, scapulohumeral periarthritis, ischialgia and neurasthenia.
- Detox, Far infrared stimulate suboriferous, detox and expell harmful substance from human body, like alcohol, alcohol and carcinogenic heavy metal.
- Decompression. Relax the muscle and relieve the pression.
- Beauty. Far infrared ray speeds up blood circulation, improves metabolism, remove necrotic skin cells and reduce the little wrinkles.
- Lose weight. Water solubility of body fat increase when temperature is above 42 degree centigrade, sweating can consume extra subcutaneous fat, so as to achieve good effect of losing weight and expelling of toxin.
- Alleviating of pain. Far infrared ray speeds up blood circulation, accelerate the process of recovery. Many people use FIR heat as a successful treatment for arthritis, muscle spasms and rheumatism.
- Fitness. Using far infrared sauna for 20 minutes, the body sweat amount can compare to running of 6 miles. So FIR is good choice for people who has not enough time for exercise and people who can not exercise due to long term of sickness and persistent pain.
- Enhance resistance. Along with the body temperature increase, defensive system has continuous energy to prevent invasion of bacteria and germs.